

Getting to Know You Better

Find other members in your group who can say yes to one or more of these questions, and get them to initial the box. Get as many initialled boxes as possible - 10 minutes allowed.

Are you a dominant person?	Are you feeling positive about the next year?	Do you have blue eyes?	Have you ever given up smoking?	Do you want to retire before age 55?
Have you ever been on a 'blind date'?	Are you scared of heights?	Are you anxious about being out alone at night?	Do you find change personally challenging?	Do you like 'Marmite'?
Have you ever been unemployed?	Have you been married more than twice?	Have you ever stolen anything?	Do you ever break wind and pretend it was someone else?	Would you be prepared to tell a lie in order to win?
Do you see yourself as confident?	Have you ever dieted to lose weight?	Do you think you are attractive?	Do you have more than three children?	Are you vegetarian?
Can you remember the name of your first love?	Have you ever been 'skinny dipping'?	Do you prefer kisses to cuddles?	Are you scared to pick up spiders?	Have you ever gone 'commando'??
Can you speak at least two languages?	Have you denied something in this exercise that was really true?	Do you have a dream you have never tried to achieve?	Have you said 'yes' during this exercise when it wasn't true?	Do you find it comfortable meeting new people?
Do you have a secret you've never told anyone ?	Are you worried about the future of the planet?	Have you ever won a prize of more than £100 on the lottery?	Do you talk about other people behind their back?	Have you ever been in a situation where you feared for your life?

For support

telephone 01773 814400

or visit www.uk-sas.co.uk/leadwell

